My prospect list

For network marketing. Room for 100 names.

How it works

1. Write down names only at first. Don't think about whether the person will be interested.
2. Then add where you know the person from and how to reach them.
3. Note when you talked to them. That way you know when to follow up.

Who else comes to mind?

Go through these areas. Each one will bring names to mind.

Family
Parents, siblings, cousins, aunts, uncles, in-laws

Friends
Old and new friends, your partner's friends, wedding party, godparents

Work
Current and former coworkers, bosses, customers, suppliers

School and training
School friends, college, training, teachers, course instructors

Free time
Sports club, gym, hobbies, choir, church, volunteering

Neighborhood
Neighbors, parents from daycare and school, dog owners from the park

Everyday life
Hairdresser, doctor, contractors, insurance agent, baker, taxi driver

Phone and social media
Phone contacts, Facebook, Instagram, LinkedIn, WhatsApp groups

Tip: Your list keeps growing.
Add new names whenever you meet someone. Someone who says no today may say yes in a few months.

My prospect list 1 to 25

No.	Name	Where do I know them from?	Phone or contact	Contacted on	Notes
1					
2					
3					
4					
5					
6					
7					
8					
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12					
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14					
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23					
24					
25					

My prospect list 26 to 50

No.	Name	Where do I know them from?	Phone or contact	Contacted on	Notes
26					
27					
28					
29					
30					
31					
32					
33					
34					
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36					
37					
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41					
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48					
49					
50					

My prospect list 51 to 75

No.	Name	Where do I know them from?	Phone or contact	Contacted on	Notes
51					
52					
53					
54					
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62					
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72					
73					
74					
75					

My prospect list 76 to 100

No.	Name	Where do I know them from?	Phone or contact	Contacted on	Notes
76					
77					
78					
79					
80					
81					
82					
83					
84					
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99					
100					